



Seascope Primary School

'Be your BEST self and reach for the stars'



Seascope Primary School Weekly Newsletter

Friday 7th November 2025

Vol: 2 Issue: 1

Headteacher's Notices

It has been another excellent week in school, with many, many children demonstrating the very best values of Seascope Primary School through their attitudes to learning, their determination to achieve their best outcomes and their approach to supporting one another and acts of kindness and friendship!

It has also been a pleasure this week to meet with so many parents/ carers, as we work together—in partnership—to build bridges between home and school so that all parents/ carers and families are supported in enabling their children to achieve their very best outcomes!

T.E.A.M. = Together Everyone Achieves More



AntiBullying Week 2025

Next week is AntiBullying Week and the theme this year is 'Power for Good'. To launch AntiBullying Week in school, we will be taking part in **Odd Socks Day** on Monday 10th November.

Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

We look forward to seeing all of our wonderful children (and staff!) in their odd socks to raise awareness of bullying.

Thanks TEAM Seascope - Together Everyone Achieves More!

British Values

During Autumn 2, TEAM Seascope will be focussing on the British Value of Tolerance and Mutual Respect.



Tolerance means being kind and fair to everyone, even if they have different ideas, beliefs, or backgrounds than you. It's about respecting people's choices and ways of life, even when they are not the same as yours. It helps people live together peacefully and understand each other better. Look out for posts on Class Dojo, and in the Newsletter, throughout the half term that will share all of the work we are doing to be tolerant and respectful citizens in our society.

We would love for parents/carers to share with school examples of their child being tolerant and respectful at home and in the community.

Each half term we will focus on one British Value. Brittany Bear - Seascope's very own British Value's Mascot - is used when sharing the British Values with our children so that they can remember the important facts. The British Values are:

Democracy; The rule of law; Individual liberty; Mutual respect; Tolerance of those of different faiths and beliefs.

Thank you for all of your support in sharing these key messages with our children. We look forward to working together with our families on this school-wide project - Together Everyone Achieves More!



Children In Need 2025



The theme for Children in Need 2025 is "Challenge Yourself to 25," encouraging participants to take on fun challenges centred around the number 25. Across the UK, children and young people continue to face a range of complicated challenges – with many having to cope with lots of issues at once.

BBC Children in Need, fund vital support for children and young people struggling with challenges caused by mental health, poverty, social inequality and family-related issues.

On Friday 14th November 2025 schools are invited to be part of a day of fun, excitement, and fundraising for Children in Need. Pupils of TEAM Seascope will be completing a 25 Km run throughout the day on the 13th November 2025. **Children are to come to school dressed in full P.E kit, including suitable footwear to participate in the run.**

On the 14th November 2025, pupils are welcome to come **dressed to school wearing something spotty**. Pupils will enjoy a range of craft and colouring activities throughout the day to support this amazing charity. Donations welcome!

Thank you for your continued support!

Mr D Christie—Headteacher



Come to school dressed in PE kit for the 'Challenge yourself to 25' on Thursday 13th November

Come to school dressed/ wearing something 'spotty' on Friday 14th November!

All donations welcome to support this valuable charity!

A special Remembrance Day assembly will be held in school for pupils on Tuesday 11th November, to mark commemorations for Armistice Day



Learning is FUN at Seascope Primary School!

All of the children can be extremely proud of their effort and achievements in school!



Congratulations to all of our pupils for their outstanding effort and hard work in our school!

Together Everyone Achieves More'

ONLINE SAFETY

Ways to Have Open Discussion about Digital Lives

Most parents frequently chat with their child about how things are going at school or what's happening in their friendship groups – but those discussions often don't extend to youngsters' online activities. In fact, a recent survey found that only slightly more than half (54%) of parents regularly talk to their children about staying safe online. It can be an awkward topic to broach and, of course, it needs not to feel intrusive. However, just checking in with your child about their digital life can get them thinking about online safety and alert you to any issues they might be having. Our guide has some useful tips on potential ways to start those conversations.

In the guide, you'll find a number of useful tips such as being as honest as possible, discussing how misleading the online world can be and creating a 'family agreement'.



SCHOOL
MEMBER



Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them for more likely to stick to it in the long term.

Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSHE curriculum.



National Online Safety

#WakeUpWednesday



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