



Seascope Primary School

'Be your BEST self and reach for the stars'



Seascope Primary School Weekly Newsletter

Friday 19th September 2025

Vol: 1 Issue: 2

Headteacher's Notices

I have been overwhelmed this week by the efforts of children across school, as they engage within their learning across the curriculum!

Mrs Stuart and I have been visited many, many times by happy, smiling children who are keen to share their work and achievements from class. The determination shown by the children within their learning is matched only by their enthusiasm for each task they undertake, and it is clear that children across school are eager to try their best and give 100%!

Witnessing such joy from the children when they visit to present their work is truly the best part of our job! Team Rosen's whole-class presentation on their current core text for English, 'I Want My Hat Back!' was an outstanding example of this—Team Rosen is my Headteacher's TEAM of the Week for this week!

Our school missions has been evident across all TEAMS this week:

'Be your BEST self and reach for the stars!'

Attendance Ladder



Attendance

Many thanks to parents/ cares for their support at the beginning of this academic year in ensuring your children attend school regularly and achieve good attendance!

Regular school attendance is VITAL in ensuring children achieve their best outcomes and begin to establish the very best life chances for the future.

Where problems and/ or issues appear, please remember that school is here to provide help and support!

In school, every child has a target attendance of 95% and above. The ladder opposite shows the impact on a child's education through numbers of days lost, when attendance falls below 95%. Together, in partnership, we CAN achieve and secure good attendance for ALL children at Seascope Primary School!

T.E.A.M. = Together Everyone Achieves More

'Meet the Teacher'

School will be holding a 'Meet the Teacher' events for parents/ carers on Monday 13th October.

This event will provide parents/ carers an opportunity to visit their child's Team and meet the teacher to find out about learning in class, expectations and to ask any questions. Formal invites will be sent out to parents/ carers next week.

Parents/ carers in attendance for the Meet the Teacher event will be entered into a special prize draw with a chance to win a Harvest Hamper!



Values Champion

This week's School Value has been focused on 'Respect'. Each week, children across all Teams work to demonstrate key behaviours to demonstrate the School Value, with one child being chosen, who has been judged as best demonstrating the value consistently across school.

This week, Emal from Team Blyton has been awarded the School Values Champion Award! In her nomination, Mrs Kyle wrote, 'Emal's behaviour and attitude contributes to a positive learning environment. His active listening during lessons, punctuality and politeness contribute to a respectful environment.' Well done, Emal—Be proud!

Firework Safety Visit

I am pleased to advise that school will be working closely with the Fire Service to educate children around firework safety and keeping safe from fire. The fire service will begin by visiting children in Year 5 and Year 6 during October, with further visits planned to support children across other year groups, across the school year.

Thank you to all parents/ carers for your continued support.

Mr D Christie
Headteacher

Headteacher's Team of the Week

Team of the Week this week is **TEAM ROSEN**

Well done, TEAM ROSEN!

You have all worked well as a TEAM this week.

T.E.A.M. = Together Everyone Achieves More

WOW! Team Rosen, you are all SUPERSTARS!

As a team, you are all so impressive in the way that you engage within your learning tasks, show respect for one another and follow the instructions of your teachers.

In particular, Mrs Stuart and I were SO impressed with your work and class presentation from your CLPE book 'I want my hat back!', which you shared yesterday. Amazing!

Great work, Team Rosen—be proud!

100%

Weekly T.E.A.M.

Attendance Champions

CARLE	93%
DONALDSON	98.3%
ROSEN	93.4%
POTTER	98.9%
MURPHY	96.1%
PULLMAN	89.3%
WALLIAMS	95.7%

DAHL	95.2%
ALMOND	96.5%
MORPURGO	91.5%
BLYTON	87.5%



Congratulations to **CLASS 9** for best attendance this week!

TEAM POTTER

This week's attendance trophy winners!

Learning is FUN at Seascope Primary School!

All children can be extremely proud of their effort and achievements in school!



Congratulations to all of our pupils for their outstanding effort and hard work in our school!

Together Everyone Achieves More'

ONLINE SAFETY

Supporting Children to Deal with Upsetting Content

They might not be able to pinpoint a location on a map, and they might not fully grasp the historical and political drivers behind certain conflicts – but in this age where news, images and video can cross continents in seconds, many children are able to access distressing news at the touch of a button. This could, of course, cause youngsters extreme distress and worry.

Our guide below contains some valuable pointers for supporting children to deal with upsetting content they've encountered online, whether it involves conflicts, ongoing worries over the environment, or something else entirely. Our tips will assist trusted adults in helping young people to process any negative emotions that they may be feeling.



SCHOOL
MEMBER



SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to military conflicts around the globe, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.

2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-504006> | <https://www.thetimes.com/blog/supporting-your-child-with-upsetting-content> | <https://www.unicef.org/parenting/how-talk-your-children-about-conflict-and-war>