

# Be more self-aware

## PSHE

Intent	Implementation	Impact
<p>At Seascope Primary School we provide a high quality PSHE education which exceeds the expectations of the Ofsted Framework:</p> <ul style="list-style-type: none"> <li>• Our curriculum extends beyond the academic, technical or vocational. It provides for learners' broader development, enabling them to develop and discover their interests and talent.</li> <li>• We support learners to develop their character – including their resilience, confidence and independence – and help them know how to keep physically and mentally healthy.</li> <li>• At each stage of education, we prepare learners for future success in their next steps.</li> <li>• We prepare pupils for life in modern Britain by:               <ul style="list-style-type: none"> <li>-encouraging them to become active citizens;</li> <li>- promoting British Values;</li> <li>- developing an appreciation of</li> </ul> </li> </ul>	<p><i>SEE</i></p> <ul style="list-style-type: none"> <li>• <i>PSHE skills progression</i></li> <li>• <i>Vocabulary progression PSHE</i></li> <li>• <i>PSHE overview</i></li> </ul> <p><b>PSHE in the Early Years</b>            Within the PSE Early Years Objectives, children develop their skills in the following areas:</p> <ul style="list-style-type: none"> <li>• Making Relationships</li> <li>• Self-Confidence and Self-Awareness</li> <li>• Managing Feelings and Behaviour</li> </ul> <p>Once children enter Reception, they receive one additional PSHE lesson, from the HCS Programme, and follow the same topics as the rest of the school</p> <p><b>PSHE in Key Stage 1</b>            Children in KS1 access three, half hour, PSHE lessons each week which take place immediately after lunch:</p> <ul style="list-style-type: none"> <li>• One outdoor PSHE lesson linked to OPAL</li> <li>• One P4C session</li> <li>• One HCS lesson</li> </ul> <p><b>PSHE in Key Stage 2</b>            Children in Key Stage 2 follow the same structure for PSHE lessons as KS1. Within HCS lessons, across the school, the following topics are taught:</p> <p>Autumn 1 – P4C Focus            Autumn 2 – Positive Relationships            Spring 1 – Self-Confidence            Spring 2 – Support            Summer 1 – Achievement and Success</p>	<p>Due to the rich curriculum we offer in PSHE we expect to see improvements across:</p> <ul style="list-style-type: none"> <li>• The engagement of pupils in PSHE lessons</li> <li>• The profile of PSHE being raised in school</li> <li>• Increased knowledge and skills of children year on year</li> <li>• A broader experience of different feelings and emotions and a wider range of strategies employed independently to self-regulate</li> <li>• An increased participation in lessons and activities within PSHE</li> </ul>

diversity;  
-celebrating similarities.

Summer 2 – Coping Skills (timetabled to support all children with transition).

