## Be more **self-aware**

PSHE		
Intent	Implementation	Impact
At Seascape Primary School we provide a high quality PSHE education which exceeds the expectations of the Ofsted Framework:  • Our curriculum extends beyond the academic, technical or vocational. It provides for learners' broader development, enabling them to develop and discover their interests and talent.  • We support learners to develop their character – including their resilience, confidence and independence – and help them know how to keep physically and mentally healthy.  • At each stage of education, we prepare learners for future success in their next steps.  • We prepare pupils for life in modern Britain by: -encouraging them to become active citizens; - promoting British Values; - developing an appreciation of diversity; -celebrating similarities.	PSHE skills progression  • Vocabulary progression PSHE  • PSHE overview  PSHE in the Early Years Within the PSE Early Years Objectives, children develop their skills in the following areas:  • Making Relationships • Self-Confidence and Self-Awareness • Managing Feelings and Behaviour Once children enter Reception, they receive one additional PSHE lesson, from the HCS Programme, and follow the same topics as the rest of the school PSHE in Key Stage 1 Children in KS1 access three, half hour, PSHE lessons each week which take place immediately after lunch:  • One outdoor PSHE lesson linked to OPAL • One P4C session • One HCS lesson PSHE in Key Stage 2 Children in Key Stage 2 Children in Key Stage 2 Children in Key Stage 2 follow the same structure for PSHE lessons as KS1. Within HCS lessons, across the school, the following topics are taught: Autumn 1 – P4C Focus Autumn 2 – Positive Relationships Spring 1 – Self-Confidence Spring 2 – Support Summer 1 – Achievement and Success Summer 2 – Coping Skills (timetabled to support all children with transition).	Due to the rich curriculum we offer in PSHE we expect to see improvements across:  The engagement of pupils in PSHE lessons  The profile of PSHE being raised in school  Increased knowledge and skills of children year on year  A broader experience of different feelings and emotions and a wider range of strategies employed independently to self-regulate  An increased participation in lessons and activities within PSHE